

Parks & Recreation

New Brighton

april updates

VOLUNTEER OPPORTUNITIES

Did You Know April is National Volunteer Month?

Are you looking to get involved in your community, engage and inspire others? Volunteer for one of the following activities or events:

- Adopt-A-Park
- Photographer
- Youth Sport Coaches
- Gymnastics & Dance classes
- Swim Lesson Assistant
- Tennis
- Ed-Ventures Day Care

For more information visit:
www.newbrightonmn.gov/about/get-involved/

MINNESOTA VIKINGS MUSEUM

Calling All Vikings Fans!

Join us on May 16 for a comprehensive history of the Minnesota Vikings and football in Minnesota. This guided tour includes interactive exhibits and hundreds of historical artifacts from the past 50 years.

Don't miss this opportunity, register by April 19!

Register@ www.newbrightonmn.gov/55+

PROGRAMS & EVENTS

Below are programs for the months of April & May. For detailed information, click on your desired program heading or call 651-638-2130.

FITNESS & WELLNESS

ZUMBA
SilverSneakers© Classic
SilverSneakers© Circuit
Silver Sneakers© Cardio
Fit Lab: Strength
Cardio Strength
Gentle Yoga
Pilates Yoga Fusion
Restorative Yoga

FitWERKS
Stretch & Tone
Mat Pilates
Core & More
HIIT
Tai Chi
Cardio Kickboxing
Yoga Flow
WaterAerobics

ADULT 55+

Hiking Club
What is Senior Housing?
Alzheimer's & Dementia Support
AARP Smart Driver Courses
Movie Madness - Crazy Rich Asians
Club 55 Spring Tea
Transform Your Stress
Mystery Lunch
Minnesota Vikings Museum
Landmark Travel Show

ADULT

Salsa Dance Workshop
Wedding Dance Workshop
First Aid/CPR/AED Training
Pickleball: NBCC & Highview
Kick-Start Guitar/Ukulele

TEEN

Kickers Karate
Kick-Start Guitar/Ukulele
First Aid/CPR/AED Training

YOUTH

Little Tigers Martial Arts
Boys & Girls Gymnastics
Track Program
Preschool & Beginner
Soccer Lessons
Intermediate & Advance
Soccer Lessons
Basketball Lessons
Tennis
Swimming Lessons



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The Parks and Recreation Department is dedicated to delivering parks and recreation services that improve the quality of life in New Brighton. As identified in our strategic plan, we will strive to do the following:

IMPROVING HEALTH

- The Islamic Resource Group presented “What you always wanted to know about Islam and Muslims” The one hour presentation was given to 36 people in attendance.
- 41 individuals beat the cold and participated in water aerobics classes at Highview.
- 30 teens and young adults participated in Adaptive Bowling at Mermaid Lanes on Saturdays.
- Seven women’s volleyball teams are competing in the end of season tournament at Highview.

PROTECTING NATURAL RESOURCES

- A Canadian Goose Management Presentation was hosted on March 5.

FOSTERING HEALTHY YOUTH DEVELOPMENT

- This winter, 4 youth have enrolled in the instructor aid program to gain responsibility and early work experience.
- Over March 14-16, New Brighton Parks and Recreation held a lifeguard class and certified 5 new lifeguards- one of whom will be working with our aquatics team.
- In March, 66 youth ages 3-14 participated in soccer lessons with New Brighton Parks and Recreation.
- Gymnastics was held Saturdays, 9 am - Noon, at Irondale, 68 children attended each week.
- Martial arts classes were held on Mondays at the NBCC, 39 children, teens and adults attended.
- 63 children, ages 3-11, participated in dance classes on Wed. evenings at the NBCC.

SUSTAINING FISCAL RESPONSIBILITY

- Two Parks Maintenance staff members attended the Certified Playground Safety Inspector Training. This training is a nationally recognized safety training provided by National Recreation and Parks Association to help keep playgrounds safe.
- One Recreation Supervisor attended the Revenue Development and Management School. It is targeted towards agencies who rely in part on generating revenues by user fees.
- The outdoor ice rink season concluded on March 3 with a total attendance of 7241 visitors at Sunny Square, Hansen and Freedom.
- Brightwood Hills anticipates opening around April 15, this would not be that far off from a “normal” open date of April 7.

SUPPORTING COMMUNITY REINVESTMENT

- This winter, 20 Parks and Recreation staff members participated in American Red Cross CPR/FA/AED classes.
- AARP is providing basic tax preparation service to the community at NBCC through April 15 this year. Tax return preparers are unpaid volunteers and assist individuals regardless of income or age and within the scope of their training.

If you would like to receive the Parks & Recreation Monthly Update please opt in by clicking here:

<http://www.newbrightonmn.gov/news/>. Select Parks and Recreation to receive the Monthly Update as well as any other categories you wish to receive the latest updates under Subscribe via E-mail along with your e-mail address. Parks & Recreation Updates will be e-mailed around