

Parks & Recreation

New Brighton

March Updates

HISTORIC OWATONNA

Step back in time with a tour of historic Owatonna on Tuesday, April 30 from 7:10am-5:20pm. Explore rotating exhibits, educational programming and guided tours of the National Farmers' Bank, Orphanage Museum and Village of Yesteryear. Registration includes deluxe coach transportation, coffee and pastries, lunch, and gratuities. Register by April 9. Cost: \$80

ADULT SOFTBALL LEAGUES

The New Brighton Parks and Recreation Department offers a variety of Men's, Co-Rec and Church Summer and Fall softball leagues. Register @ www.newbrightonmn.gov/



YOUTH TENNIS CARNIVAL

Join us on Saturday, April 6 from 1-2:30pm to learn basic tennis skills in a fun environment using various stations and equipment designed especially for the young player. Sponsored by New Brighton Parks and Recreation Departments and the Northeast Tennis Association (NETS). Register @ www.newbrightonmn.gov/youth

PROGRAMS & EVENTS

Below are programs for the months of March & April. For detailed information, click on your desired program heading or call 651-638-2130.

FITNESS & WELLNESS

ZUMBA
SilverSneakers® Classic
SilverSneakers® Circuit
Silver Sneakers® Cardio
Fit Lab: Strength
Cardio Strength
Gentle Yoga
Pilates Yoga Fusion
Restorative Yoga
Zumba Strong

FitWERKS
Stretch & Tone
Mat Pilates
Core & More
Triple Threat
Tai Chi
Cardio Kickboxing
Yoga Flow
WaterAerobics
HIIT

ADULT 55+

Hiking Club
What You Always Wanted to Know about Islam and Muslims
Alzheimer's & Dementia Support
AARP Smart Driver Courses
Movie Madness - The upside
Explore Keg and Case
Transform Your Stress
Seller Workshop - Learn How to Prepare
Your Home to Sell
What is Senior House?
Historic Owatonna

ADULT

Beginner Line Dance
Salsa Dance Workshop
Wedding Dance Workshop
First Aid/CPR/AED Training
Pickleball: NBCC & Highview
Women's Volleyball League
Kick-Start Guitar/Ukulele

TEEN

Kickers Karate
Kick-Start Guitar/Ukulele
First Aid/CPR/AED Training

YOUTH

Little Tigers Martial Arts
"Kickers" Karate
Boys & Girls Gymnastics
Preschool & Beginner Soccer Lessons
Intermediate & Advance Soccer Lessons
Basketball Lessons
Swimming Lessons



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The Parks and Recreation Department is dedicated to delivering parks and recreation services that improve the quality of life in New Brighton. As identified in our strategic plan, we will strive to do the following:

IMPROVING HEALTH

- Adaptive Bowling was held at the Mermaid Bowling Center on Saturdays for 30 participants.
- Seven women's volleyball teams (42 players) participated in leagues at Highview Middle School on Wednesday evenings.
- Open Pickleball gyms were held at Highview Gym on Tuesday and Thursday evenings from 6:00-8:30 pm.
- 40 adults, ages 23-67, are participating in water aerobics this winter at Highview Middle School.

PROTECTING NATURAL RESOURCES

- The City Forester attended the Rochester Arborist Workshop. This workshop is offered annually to provide information on A Green Future. Not only was the City Forester able to maintain his license, but found the discussion on Structure and Function of Redwoods to be very informative.

FOSTERING HEALTHY YOUTH DEVELOPMENT

- 35 children practice punch, kicks and self-defense moves during martial arts classes at NBCC on Monday evenings.
- Ice skating make-up classes were held in February due to cold weather and snow storms. 27 children attended classes at Freedom Park.
- Saturday gymnastic classes were held at Irondale High School for children ages 4-14.
- Two Wednesday Kids Dance classes were cancelled in February due snow storms. Classes for the 63 children ages 3- 11 will be made up in March.
- Basketball lessons on Sunday afternoons finished up this month with 31 total participants.
- While 30 youth finished up their soccer lessons at the beginning of February, the end of February brings the start of more soccer lessons, and 47 participants are already signed up to improve their soccer skills, stay active, and learn how to be a good teammate.
- Winter swim lessons will be wrapping up in the next few weeks. Over 216 participants have made great improvements in their swimming skills!
- The wild winter weather afforded a little bonus time for the outdoor ice rink season. Instead of typically closing after President's Day the season was extended until March 3. Cold temperatures and record snow provided plenty of ice and snow for everyone to enjoy. The total number of visitors to the parks did increase in comparison to last year.

SUSTAINING FISCAL RESPONSIBILITY

- With all the snow and unscheduled school off days, the Eagles Nest has been even busier than last year. Year to date, daily youth admissions are approximately \$5,000 ahead of 2018.

SUPPORTING COMMUNITY REINVESTMENT

- Staff attended the Children's Mental Health Training on Feb. 26 at Eden Prairie.

If you would like to receive the Parks & Recreation Monthly Update please opt in by clicking here:

<http://www.newbrightonmn.gov/news/>. Select Parks and Recreation to receive the Monthly Update as well as any other categories you wish to receive the latest updates under Subscribe via E-mail along with your e-mail address. Parks & Recreation Updates will be e-mailed around the 10th of each month.